



Barrington's Substance Abuse Task Force Drug Free Community Coalition

Barrington High School
200 Lincoln Avenue

November 2, 2015 at 8:45 am.

Goals of Meeting: Update on staff changes and plans
Committee plans and actions
Improve member skills for delivering prevention messages

Minutes

- Presentation** Dena Davis presented "Heroic Public Speaking/Living Heroically"
- What does heroic mean/how can we make the choice to be heroic?
 - o Need to move away from worry about what others think to what can each of us do to help others
 - How to become a hero
 - o 2 things needed: emotional connection to the issue + the belief that what you do can make a difference
 - o Identify our internal villains and look for superpowers in ourselves and others
 - What story does The BAY Team want to tell?
 - o We are a resource for youth, families, the community
 - o We are a safety net – recognizing that youth will, by nature, make some unhealthy decisions, we help keep everyone as safe as possible
 - o Some of our greatest successes are those that are least visible – how can we measure all of the lives that have gone on to success as a result of our efforts?
 - Creating heroes
 - o Think about the story behind what we do
 - o "You cannot gain the treasure without confronting the dragon" We need to be willing to choose courage over comfort
 - o Often need commitment then courage then skills to reach the level of confidence needed to be a hero
 - Hero archetypes
 - o Read The Hero Within by Carol Pearson
 - o 6 archetypes/stages: innocent, orphan, wanderer, warrior, altruist, and magician
 - o We need to think about where youth are on their hero journeys and help get them to the breakthrough stage where they can recognize the opportunities they have.

Update on staffing changes Denise Alves has joined us as the new Coalition Director. She officially starts next week.

State level update Tobacco grant – we need 2 youth from Barrington who will be paid a stipend to assist with this grant. Kristen attended the Tobacco Free RI annual meeting where she learned there is a movement at state and national levels to increase the tobacco age of purchase/use to 21.

OSPA – drafting a public health impact statement on marijuana for the Director at the Dept. of Health.

Medical marijuana workgroup – working on stricter regulations for medical marijuana

Committee Reports

Parenting – This committee will focus on reaching parents of younger students and also on families transitioning out of the high school. More parents are needed for this group which is chaired this year by Martha Donovan. msdonovan19@gmail.com

Marijuana - This committee will be mailing a series of postcards to all Barrington residents with accompanying newspaper ads. The next meeting is **Tue 11/3 at 10am in the Board Room 2nd floor Barrington Public Library**. This committee is chaired by Susan Freel safreel@cox.net

Policy/RX - The final trainings for liquor servers/sellers was held. A youth awareness class was held for recent youth alcohol offenders where Diane Block used functional analysis to get attendees to think about the thoughts and feelings and events that triggered the behaviors that led to them being at the class. It is chaired by Claudia Gordon Cjgordon3@aol.com

BAY Youth/CHOICES – Joanne Royley, Student Assistance Counselor at BHS reports upcoming programs at the school: Chris Herren on 10/26 went very well for juniors and seniors and the Rotary Club has offered to repeat it next year. , Thinkfast is scheduled for 12/2 at 12:20. Dodgeball is scheduled for 11/10, with proceeds going to the AfterProm. Referees are needed and the SRO was suggested. BAYouth is conducting a baseline survey on distracted driving.

BCA – Students can take the RISS. BCA needs to let Kristen know how many students and whether it would be paper/pencil or computer-based.

Any Other Business:

1. The recent RISAS conference focused on suicide. The Fanion family was honored. The message was one of hope and that prevention is possible with suicide if people are willing to talk about it and get a person at risk through the crisis point.
2. It was suggested there be more middle school assemblies to address substance abuse prevention. Also, everyone thought Chris Herren would be a good presentation for parents to see. Perhaps there is some video footage that could be made available? Also, parents were encouraged to attend through the PTO.

Next Meeting: Our next meeting is scheduled for Monday 12/7 at 8:45am in the BHS Library